What If You Were Still Here Now?

Megan Norris



What if you were still here now?

What if you were still here now? You would be 5 years old.

What if you were still here now?

I would not be dealing with the day-to-day feelings.

The feelings that something is missing.

The longing and wanting to just see your smile

And the listening of that cute little babble.

I was at work, not knowing that you drew your last breath.

You were gone.

When you left, it left a huge hole right in my chest.

The week after, constantly waking up to a quiet house.

The only quiet I wanted was for the nightmares that terrorized me.

"Dear God, this is not how it should be, please take this from me"

I would think to myself.

The emptiness... the thoughts... the loneliness... the what ifs

What if you were still here now?

I would not be living in this "what I call reality."

Dealing with the harshness of this brutality.

The brutality that my child is gone.

It's been 4 years, but I still remember it as if it were yesterday.

What if you were still here now?

Would you be proud of how far I have come?

Would you shake your head at all the wrong decisions I made and say

"I know you can do better, Mom"?

Would you be happy with all of the things I did right?

I just wanted you to know
Even though you are not still here,
You were the reason I worked so hard and still do.
You are the reason that I am where I am today, even with the pain.
You are the reason that I am still here.
You are the reason that I still want to pursue medicine.
You are the reason why I want to work so hard
For the children and families that will eventually come see me.
You are the reason for all of it.

What if you were still here now?

9 months was not long enough, but it was what we got.
In my heart, you are still here with me now.
Physically gone, but still here in a way.
You are always loved no matter how far away.