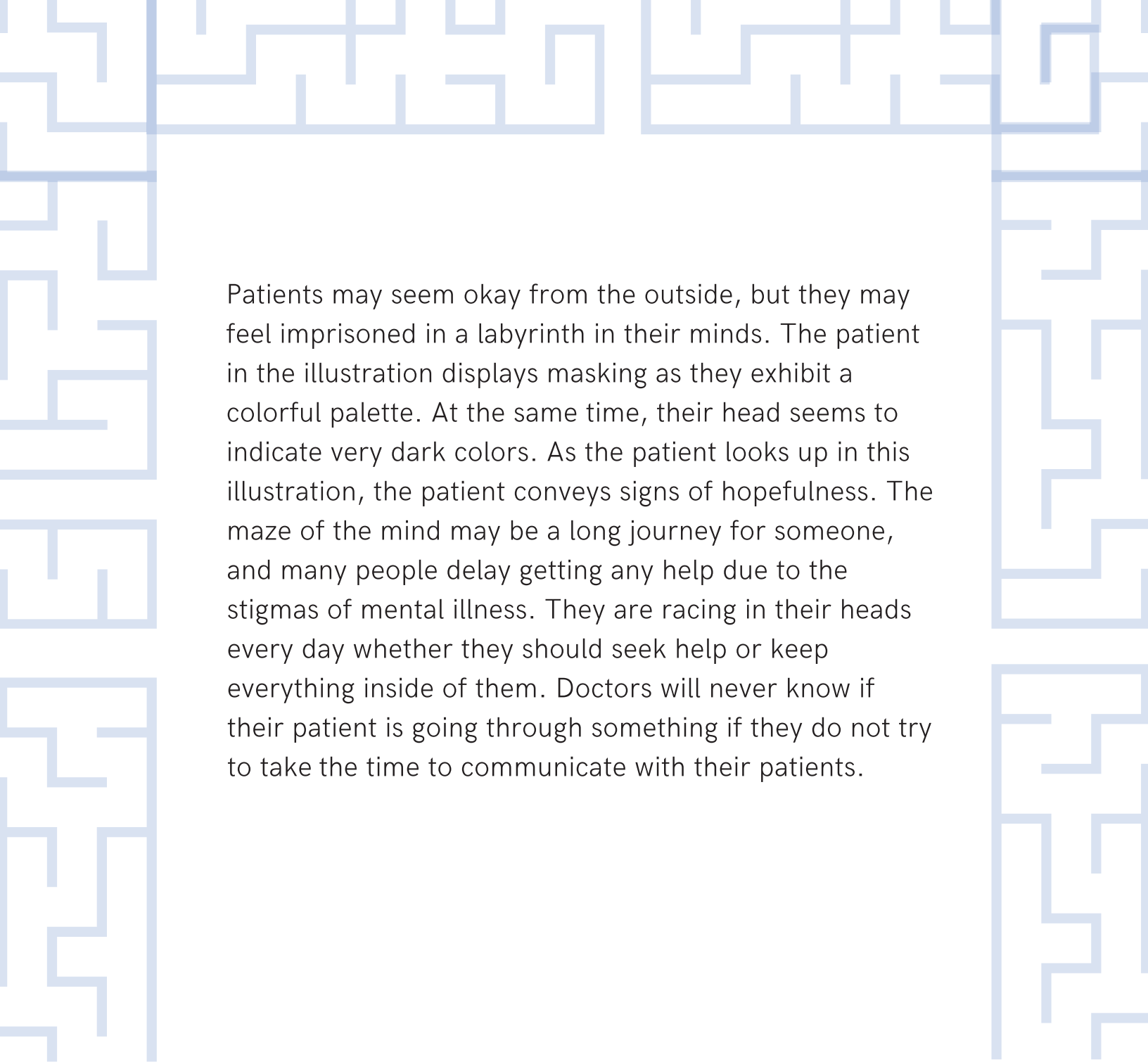


# The Maze of the Mind

Karen Hernandez





Patients may seem okay from the outside, but they may feel imprisoned in a labyrinth in their minds. The patient in the illustration displays masking as they exhibit a colorful palette. At the same time, their head seems to indicate very dark colors. As the patient looks up in this illustration, the patient conveys signs of hopefulness. The maze of the mind may be a long journey for someone, and many people delay getting any help due to the stigmas of mental illness. They are racing in their heads every day whether they should seek help or keep everything inside of them. Doctors will never know if their patient is going through something if they do not try to take the time to communicate with their patients.