

Language Learning

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Language learning is a beautiful art that is very helpful for our mental health. I always tell people that language is a beautiful thing and that it is very creative. It is a beautiful thing in art, music, dance, literature, TV, films, entertainment, communication, and so forth. Languages are in the liberal arts category in most colleges because speaking a language is a beautiful kind of art and language learning makes people who know two or more languages creative. Language is also very important in medical humanities, medicine, healthcare, and in everyday life as a whole. Language learning is a great experience for everyone because we are a society where diversity is rapidly growing and growing. As diversity keeps growing, the number of different languages is growing as well. The population of people who speak these various languages is huge, and the growth will also be huge. Even though English is the number one universally spoken language, more people speak Chinese as their first native language than any other language in the world. In that same category Spanish comes in second, and then English is third on that list. This shows us that it is very important for people to become bilingual and even multilingual in this society. It is very beneficial in medicine in the sense that language is one of the main universal sources of sincere caring. To speak another language or two that is valued in your community is a huge factor. Knowing more than one language is also very important because of how high the demand is for multilingual speakers. Most states in the United States, for example, Texas, have a huge demand for more Spanish speakers in all categories, especially in healthcare and security. In Texas, Vietnamese comes in as the next essential language right after Spanish in Texas. Some states have a huge demand for other languages, such as French and Chinese. As well as other Asian and African languages and dialects. It's not only vocal languages that are growing; sign language is a big deal as well. Sign language is an overlooked language that is also in high demand. Many people communicate with sign language, but there are not many people in healthcare who can provide healthcare services through sign language. This shows us why it is very important to know more than one language.

Being bilingual or multilingual in the community is very beneficial. Knowing more than one language opens up more opportunities for a bilingual or multilingual person. At most jobs, people who speak more than one language get paid more than the person that speaks only one language. Even though that sounds great, this should not be someone's only motivation to become bilingual or multilingual. Plus, there are more benefits for speaking more than one language. Having great communication and a great connection with someone in another language is another benefit for being bilingual or multilingual, especially in healthcare, because a patient will have a better connection and professional relationship with a healthcare provider who knows the language that they speak. Another advantage is that knowing more than one language helps improve problem-solving, multitasking and decision-making. This makes bilingual and multilingual people competitive in medicine and explains why they would get paid more for having bilingual and multilingual communication skills. Another benefit of knowing another language or languages is that it will give a greater chance at living long and slowing the effects of old age by delaying diseases and illnesses like Alzheimer's disease and dementia. Multilingualism also helps improve and strengthen our brain memory and attention span. This goes to show that language learning is very beneficial for improving

and strengthening our mental health. Being bilingual or multilingual also opens people up to more social and cultural opportunities in life. Being bilingual or multilingual will open people up to more real human experiences in medicine and beyond.

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