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Eye of the Beholder Zainab Emaan Muhammad



As a Pakistani-American, I was born and raised in the United States, but my cultural roots are deeply embedded in Pakistani traditions. I wear my honey-colored skin proudly and adore the vibrancy of my cultural identity. However, reconciling the differences between modern American culture and traditional Pakistani heritage has been challenging. Despite this, I find the beauty of my cultural identity equally captivating.

My experiences have taught me that the differences and similarities between cultures should be celebrated and embraced, not feared or ignored. As a future healthcare professional, I hope to create a bridge between the cultural differences and similarities found across cultures. I believe that cultural competence is a key aspect of providing effective healthcare, and I am committed to becoming a more culturally competent individual in every aspect of my life.

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