

Sensitive  
Content

# Lifeline

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This artwork was made to signify mental illness, particularly depression. Against a dark background a figure is displayed, with beautiful bright colors contrasting against the darkness. My artwork was made to convey the message that although a person may be depressed or going through a difficult time, there is always beauty and hope surrounding them. I drew a pair of hands reaching out to the figure, indicating that a lending hand can bring color and life back to someone. I hope that my art can speak to people, especially those suffering from mental illness. It is a reminder that amongst the sadness and darkness they may feel, their heart is still beating strong. With the support of others, they can remain hopeful for the future.

